



Mrs. Yasinski/Mrs. Horne
780-467-8816

Foods 30 – Advanced

Foods 30 is an exciting course where you get to eat your assignments. You will develop expert skills and observations that will help you become a great cook. In this course you will develop skill in kitchen management and prepare food that requires a higher skill level.

You will prepare and enjoy a variety of delicious sweet and savory dishes.

Prerequisite: The Food Basics module is a prerequisite for each module in the foods program. You must have this module completed to take this course.

Modules for 30 are:

1. Food Presentation- FOD3060
 - This module will give students a basic understanding of cooking and preparing food that is also visually appealing. Each module is worth 1 credit.
2. Meats- FOD3080
3. Advanced Soups & Sauces-FOD3050
4. Creative Baking- FOD3030
5. Regional Cuisine-FOD3160
6. Yeast Products or Food Processing-FOD3040 or FOD3110
7. Entertaining with Food or Chef Challenge Project D- FOD3100 or FOD3910 or Short Order cooking

Evaluation

Assessment is based on individual modules taken.

Labs – 70%

Theory – 20%

CTS Employability Skills – 10%

Summative Assessment: Projects, Labs, safety and sanitation in the lab, employability skills, theory.

Formative Assessment: varies with each module.

Required materials: Please bring a binder, paper and pen to class.

Student Expectations

Students are required to behave appropriately in the classroom. Show teacher and other students respect. There are specific safety guidelines that must be followed in the lab. Students who fail to do so are subject to being removed from the lab. Students will arrive to class on time, as well as attend all classes. No cell phones are allowed in the labs. Leave them at your desk or put away in a coat or purse. If you use the phone in the lab you are subject to being removed from the lab.

Missed labs: If you miss a lab you will receive a NHI in Powerschool until you see your teacher about an alternate assignment that can be done at home. The same applies for any theory work you miss. It is the student responsibility to complete all assignments or activities.

Any concerns or questions make sure you discuss this with your teacher.
Email: wendy.yasinski@eips.ca

Foods is fun!!!!

Good Luck!