



Thursday, March 6, 2025 – Day 1

Student Meetings & Events:

- **Important Registration Information for the 2025-2026 School Year:** Any students in grade 10 and 11 with a block 2 spare, please attend a registration information session in the cafeteria at the beginning of block 2 until Tuesday, March 11. The purpose of these sessions is to provide students with guidance on choosing courses for next year. The information session will last approximately 20 minutes.

Then, during that block 2 spare, please bring your planning sheets to either Lab 133 or Lab 140 at the beginning of block 2 from Thursday, March 13 to Thursday, March 19 to input your courses into PowerSchool.

- **GSA:** Check out the GSA in Room 210 to make some friendship bracelets and indulge in some sweet treats! All are welcome.
- **P/S/T Interviews:** Parent Student Teacher Interviews will be held on March 18 (In-Person) and March 19 (virtually). The link to book will be in the Sabre Scene and on the website. Bookings open March 10 at 8:30 a.m. and will close on March 14 at 3:30 p.m.

Career Pathways:

- **Work Experience:** The deadline for registering in **Work Experience** at Salisbury ends **March 14**. Students considering Work Experience **must complete HCS3000: Workplace Safety Systems prior to registration**. Next Step Summer School offers Off-Campus Programs, registration opens March 17.
- **Volunteer Opportunity:** Are you looking for a way to enhance your resume? Country Cottage, an Optima Living Community is looking for volunteers!
Duties include:
 - assisting with/facilitating programs
 - visiting 1:1 with residents
 - Assisting with inventory/sanitizing/behind the scenes work.

Looking for respectful, polite student who seek connection with seniors in a safe and supportive environment. Availability: Daily anytime from 10-7:30 p.m. To apply please send your resume to kailey.brown@optimaliving.ca

- **The Junior Forest Ranger (JFR)** program offers a unique and exciting opportunity to Alberta high school students ages 16 to 18. This 7-week paid summer work experience exposes you to a wide variety of careers in forestry, wildfire, ecology, conservation and more! For more information Google JFR, applications close April 1.
- **Fire Cadet High School Career Fair** Wednesday, March 27, 6 - 9:00 pm. Applications accepted April 1 - 30. see posters by Career Pathways for more information.
- **Wisest Summer Research Program for Gr 11 Females, Indigenous, Racialized, Gender Diverse and Rural Students.** Are you looking for a unique summer job opportunity? Apply to the WISEST Summer Research Program (SRP), a 6-week paid research internship. The SRP will give you a hands-on research experience and a chance to discover STEM careers and your place in them. Applications open March 3 - April 2, visit www.uab.ca/WISEST.
- **JOB FAIRS:** Looking for employment? Attend our local job fairs to explore job opportunities, learn, and meet employers looking to hire!
 - **Fort Saskatchewan Job Fair:** Friday, March 14, at the Fort Saskatchewan Community Hall 12:30 - 5:30 p.m. www.fortsaskchamber.com
 - **Sherwood Park Job Fair:** Friday, April 11, 10 a.m. - 5 p.m., bring your updated resume, dress for success and be ready to network and speak with employers www.sherwoodparkchamber.com

Student interested in attending the Sherwood Park Job Fair please see Ms. Entrup or Mr. Caldwell in guidance.

Grad 2025:

- **March Grad List:** The March Grad list is now posted outside the office, in the wellness Centre hallway and on the [website](#). If your ASN is not on the list, please see Mr. Samaratunga or Mrs. Footz. Students should also be signed up on myPass to access current course standings and credits.
- **Sherwood Park Elks Gowns and Suits for Grads:** The Sherwood Park Elks are proud to present the 11th annual [Gowns and Suits for Grads event](#)! For more than 10 years, this program has provided free gowns and suits to high school graduates and their families, ensuring every student can look and feel their best on graduation day. For

more information on the program, including dates and location, visit the [Sherwood Park Elks Facebook](#) page.

Athletic Information:

- **Boys Rugby:** Training Sessions will be in the small gym on Monday, March 10, and Wednesday, March 12, from 4-6 p.m. They will continue the following week on Tuesday, March 18 and Thursday, March 20, from 5:30 to 7:30 p.m.
- **Swim Team:** There will be team photo for all members of the **Sal Swim Team** on Thursday, March 6, right at the lunchtime bell, in the Wellness Center. Bring your black team shirts (if you still haven't bought one, come see Mr. Pandos)
- Please see our [Athletic Calendar](#) for updated athletic events happening this week.

SAL Cafeteria:

The Cafeteria will be closed during block 2 until Wednesday, March 12, for registration.

Please see the attached menu for this week.



Cafeteria Highlights

Menu 4: Week 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p data-bbox="170 613 405 662">Daily Soup</p> <p data-bbox="205 743 369 784">Borscht</p>	<p data-bbox="590 678 747 727">Special</p> <p data-bbox="512 743 825 849">Home Made Mac & Cheese</p> <p data-bbox="638 873 695 914">\$5</p> <p data-bbox="562 930 772 971">Add Bacon \$1</p> <p data-bbox="590 1052 747 1101">Special</p> <p data-bbox="520 1117 816 1222">Spicy Chicken Wraps</p>	<p data-bbox="972 613 1129 662">Special</p> <p data-bbox="877 678 1224 954">Grilled Greek Chicken Skewer Meal \$8.50 with Rice, Tzatziki, Greek Salad & Pita</p> <p data-bbox="972 1027 1129 1076">Special</p> <p data-bbox="968 1092 1134 1141">Baklava</p>	<p data-bbox="1314 613 1549 662">Daily Soup</p> <p data-bbox="1262 743 1602 784">Chicken Noodle</p> <p data-bbox="1356 873 1514 922">Special</p> <p data-bbox="1356 938 1514 979">Buffalo</p> <p data-bbox="1262 1003 1608 1279">Mozzarella, Pesto & Tomato Panini \$6.50 + Small Soup or Fries \$8</p>	<p data-bbox="1633 613 1860 654">No School</p>