



Tuesday, March 11, 2025 – Day 1

Student Meetings & Events:

- **Debate:** Congratulations to all three debate teams who competed in Edmonton Regionals on Saturday! Good luck to Sara Attar and Amber Sekhon, who qualified for Provincials in April!
- **Important Registration Information for the 2025-2026 School Year:** Any students in grade 10 and 11 with a block 2 spare, please attend a registration information session in the cafeteria at the beginning of block 2 until Tuesday, March 11. The purpose of these sessions is to provide students with guidance on choosing courses for next year. The information session will last approximately 20 minutes.

Then, during that block 2 spare, please bring your planning sheets to either Lab 133 or Lab 140 at the beginning of block 2 from Thursday, March 13 to Thursday, March 19 to input your courses into PowerSchool.

- **Yearbook:** We will meet again at lunch in room 133.
- **FRIDAY IS PI DAY!** There will be a fastest pie eating competition in the cafeteria at lunch. First 10 students to sign up using this QR code will be able to participate.
- **IB Leadership Group:** We will be having our next meeting on Monday, March 17, at lunch in Mrs. Wyman's room (188). All IB and pre-IB students are welcome!
- **March Madness:** March Madness starts next week! SAL is running a free pick em bracket. Pick teams you think will win during March Madness and if you have the best bracket, you'll win any custom sports jersey that you want. QR code to join will be posted on Monday March 17.
 - **RULES:**
 - 1 entry per student
 - Team name must be your first and last name



- 🍀 **Get Ready for Some St. Paddy's Day Fun!** 🍀

Join us in the cafeteria on March 17 for a **St. Patrick's Day Carnival** filled with exciting games and chances to win amazing prizes! Test your luck, challenge your friends, and see if you have the skills to take home something golden.

Don't miss out on the fun—see you there! 💚 ✨

- **P/S/T Interviews:** Parent Student Teacher Interviews will be held on March 18 (In-Person) and March 19 (virtually). The link to book will be in the Sabre Scene and on the website. Bookings are now open and will close on March 14 at 3:30 p.m.

Career Pathways:

- **Work Experience:** The deadline for registering in **Work Experience** at Salisbury ends **March 14**. Students considering Work Experience **must complete HCS3000: Workplace Safety Systems prior to registration**. Next Step Summer School offers Off-Campus Programs, registration opens March 17.

- **Volunteer Opportunity:** Are you looking for a way to enhance your resume? Country Cottage, an Optima Living Community is looking for volunteers! Duties include:
 - assisting with/facilitating programs
 - visiting 1:1 with residents
 - Assisting with inventory/sanitizing/behind the scenes work.

Looking for respectful, polite student who seek connection with seniors in a safe and supportive environment. Availability: Daily anytime from 10-7:30 p.m. To apply please send your resume to kailey.brown@optimaliving.ca

- **The Junior Forest Ranger (JFR)** program offers a unique and exciting opportunity to Alberta high school students ages 16 to 18. This 7-week paid summer work experience exposes you to a wide variety of careers in forestry, wildfire, ecology, conservation and more! For more information Google JFR, applications close April 1.
- **Fire Cadet High School Career Fair** Wednesday, March 27, 6 - 9:00 pm. Applications accepted April 1 - 30. see posters by Career Pathways for more information.
- **Wisest Summer Research Program for Gr 11 Females, Indigenous, Racialized, Gender Diverse and Rural Students.** Are you looking for a unique summer job opportunity? Apply to the WISEST Summer Research Program (SRP), a 6-week paid research internship. The SRP will give you a hands-on research experience and a chance to discover STEM careers and your place in them. Applications open March 3 - April 2, visit www.uab.ca/WISEST.

- **JOB FAIRS:** Looking for employment? Attend our local job fairs to explore job opportunities, learn, and meet employers looking to hire!
 - **Fort Saskatchewan Job Fair:** Friday, March 14, at the Fort Saskatchewan Community Hall 12:30 - 5:30 p.m. www.fortsaskchamber.com
 - **Sherwood Park Job Fair:** Friday, April 11, 10 a.m. - 5 p.m., bring your updated resume, dress for success and be ready to network and speak with employers www.sherwoodparkchamber.com

Student interested in attending the Sherwood Park Job Fair please see Ms. Entrup or Mr. Caldwell in guidance.

Grad 2025:

- **March Grad List:** The March Grad list is now posted outside the office, in the wellness Centre hallway and on the [website](#). If your ASN is not on the list, please see Mr. Samaratunga or Mrs. Footz. Students should also be signed up on myPass to access current course standings and credits.
- **Sherwood Park Elks Gowns and Suits for Grads:** The Sherwood Park Elks are proud to present the 11th annual [Gowns and Suits for Grads event](#)! For more than 10 years, this program has provided free gowns and suits to high school graduates and their families, ensuring every student can look and feel their best on graduation day. For more information on the program, including dates and location, visit the [Sherwood Park Elks Facebook](#) page.

Athletic Information:

- **Girls Soccer:** There is a meeting for anyone interested in playing women's Junior or Senior soccer in the Wellness Centre today at 11:40 a.m.
- **Boys Rugby:** Training Sessions will continue on Wednesday, March 12, from 4-6 p.m. They will continue the following week on Tuesday, March 18 and Thursday, March 20, from 5:30 to 7:30 p.m.
- Please see our [Athletic Calendar](#) for updated athletic events happening this week.

SAL Cafeteria:

The Cafeteria will be closed during block 2 until Wednesday, March 12, for registration.

Please see the attached menu for this week.



Cafeteria Highlights

Menu 5: Week 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Soup Dill Pickle	Daily Soup Mulligatawny Special Caesar Wrap	Special Butter Chicken, Naan, Rice, Kachumber Salad \$8	Special Grilled Chicken, Mozzarella, Spinach and Bruschetta Wrap \$6	Pizza Donair Pepperoni Cheese Hawaiian Vegetarian